

# 2017 SUMMER Camps

at APEX Gymnastics

Register online at [www.apexgymn.com](http://www.apexgymn.com) beginning April 3, 2017.  
**ALL FEES ARE DUE AT TIME OF REGISTRATION AND ARE NON-REFUNDABLE**

## Summer Blast Camp (3 to 5 Years)

Monday - Friday

9am - 1pm

Campers will participate in themed camps with activities including gymnastics, crafts and games. Campers will bring their own lunches Monday thru Thursday (**NO PEANUT PRODUCTS PLEASE**) and Apex will provide pizza and juice on Friday.

COST is \$200 per camp

June 12 - June 16	July 10 - July 14	July 24 - July 28	July 31 - August 4	August 7 - August 11
Super Hero Week	Olympic Week	Beach Week	Warrior Week	Wild West Week

## Gym Madness (6 Years and Up)

Monday - Friday

9am - 1pm

This is a gymnastics specific camp where campers will hone their gymnastics skills. Activities include work on the vault, bars, beam, floor, trampoline as well as gymnastics drills and games. Campers will bring their own lunches Monday thru Thursday (**NO PEANUT PRODUCTS PLEASE**) and Apex will provide pizza and juice on Friday.

COST is \$200 per camp

June 12 - June 16	June 26 - June 30	July 10 - July 14	July 17 - July 21
July 24 - July 28	July 31 - August 4	August 7 - August 11	August 14 - August 18

## Tumbling Clinics (6 Years and Up)

Tuesday - Friday

9am - noon

**\*\*\*July 3 Week - Camp will run Monday - Friday with no class on Tuesday, July 4th\*\*\***

These are great clinics for dancers, cheerleaders, martial arts students or for those who just want to refine their tumbling skills. In the Tumbling Clinics, students will participate in structured workouts as well as instructional open gym time. Focus will be on round offs, front/back handsprings, tucks, layouts and twisting. Students will use the trampoline, tumble track, air track and pit.

Tumblers will bring a snack each day (**NO PEANUT PRODUCTS PLEASE**).

COST is \$200 per camp

July 3 (no class 7/4) - July 7	July 11 - July 14	July 18 - July 21	July 25 - July 28
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## Back Handspring Clinics (6 Years and Up)

Wednesday

7pm - 8pm

These 1 hour clinics are for tumblers who want to work just on back handsprings. No gymnastics experience is necessary.

COST is \$40 per clinic

July 5	July 19	August 2	August 16
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### General Information:

**Cancellations:** APEX reserves the right to cancel any camp DUE TO INSUFFICIENT ENROLLMENT. Every effort is made to hold all scheduled camps. Please REGISTER EARLY.

**Lunches:** Absolutely **NO PEANUT PRODUCTS** are permitted in lunches/snacks.

**Refunds:** All fees are **NON-REFUNDABLE**. You may switch to another program for a \$10 switch fee.