APEX GYMNASTICS 2024 - 2025 SCHOOL YEAR

www.apexgymn.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PLAY ZONE 1-5 yrs with parent \$15 per child DROP-IN Must pre-register online				9:30 - 10:30 AM Sign up online under BOOKING		
Parent/Child 18 mo -3 yrs, Co-Ed 1 day/wk - \$90/mo			10:00 - 10:40 AM 11:00 - 11:40 AM			9:00 - 9:40 AM 9:45 - 10:25 AM
GymKids IN THE MAIN GYM! 3-6 yrs, Co-Ed 1 day/wk - \$95/mo		9:30 - 10:15 AM 10:30 - 11:15 AM	10:00 - 10:45 AM 11:00 - 11:45 AM		12:30 - 1:15 PM	
GymKids IN THE GYM ZONE! 3-6 yrs, Co-Ed 1 day/wk - \$95/mo	3:00 - 3:45 PM 4:15 - 5:00 PM 5:15 - 6:00 PM 6:00 - 6:45 PM	3:00 - 3:45 PM 4:15 - 5:00 PM 5:15 - 6:00 PM 6:00 - 6:45 PM	4:15 - 5:00 PM 5:15 - 6:00 PM 6:00 - 6:45 PM	4:15 - 5:00 PM 5:15 - 6:00 PM 6:00 - 6:45 PM	4:00 - 4:45 PM 5:00 - 5:45 PM 5:45 - 6:30 PM	9:00 - 9:45 AM 10:00 - 10:45 AM 11:00 - 11:45 AM 12:30 - 1:15 PM
Adv. GymKids 5-6 yrs, Co-Ed 1 day/wk - \$110/mo	4:15 - 5:15 PM	3:00 - 4:00 PM 5:00 - 6:00 PM 5:30 - 6:30 PM	3:00 - 4:00 PM 5:00 - 6:00 PM 6:00 - 7:00 PM	3:00 - 4:00 PM 3:30 - 4:30 PM 4:30 - 5:30 PM	4:00 - 5:00 PM	9:45 - 10:45 AM 10:30 - 11:30 AM 12:15 - 1:15 PM
Little Gems* *Invitation Only 1 day/wk - \$110/mo	5:30 - 6:30 PM *Invitation Only	4:00 - 5:00 PM *Invitation Only	3:45 - 4:45 PM *Invitation Only	3:30 - 4:30 PM *Invitation Only	4:15 - 5:15 PM *Invitation Only	10:45 - 11:45 AM *Invitation Only
Girls Rec, 6-9 yrs 6 - 9 yrs 1 day/wk - \$110/mo	3:00 - 4:00 PM 4:00 - 5:00 PM 4:30 - 5:30 PM 5:15 - 6:15 PM	4:15 - 5:15 PM 6:00 - 7:00 PM	3:30 - 4:30 PM 4:15 - 5:15 PM 5:30 - 6:30 PM	3:00 - 4:00 PM 3:45 - 4:45 PM 4:15 - 5:15 PM 5:00 - 6:00 PM 5:30 - 6:30 PM	3:00 - 4:00 PM 4:00 - 5:00 PM 6:30 - 7:30 PM	9:30 - 10:30 AM 10:45 - 11:45 AM 12:30 - 1:30 PM
Girls Rec, 9-12 yrs 9 - 12 yrs 1 day/wk - \$110/mo	6:00 - 7:00 PM	5:00 - 6:00 PM	7:30 - 8:30 PM	6:00 - 7:00 PM	5:15 - 6:15 PM	
Girls Advanced Rec 1 day/wk - \$140/mo			7:30 - 9:00 PM 90 Minute - \$140/mo *Invitation Only			
Boys Rec 6 & up 1 day/wk - \$110/mo	4:15 - 5:15 PM	3:15 - 4:15 PM	4:00 - 5:00 PM 5:15 - 6:15 PM			
ONYX* *Invitation Only 1 day/wk - \$110/mo	5:00 - 6:00 PM *Invitation Only					
Tumble Tramp 6 & up, Co-Ed 1 day/wk - \$110/mo	3:30 - 4:30 PM	8:00 - 9:00 PM	6:30 - 7:30 PM	5:30 - 6:30 PM	3:30 - 4:30 PM 5:00 - 6:00 PM	12:30 - 1:30 PM
Warrior Fitness JUNIOF 4-6 yrs, Co-Ed 1 day/wk - \$95/mo	3:30 - 4:15 PM		3:00 - 3:45 PM			
Warrior Fitness 6 & up, Co-Ed 1 day/wk - \$110/mo		8:00 - 9:00 PM				
Back Handspring Clinics 6 & up, Co-Ed \$50/Clinic		8:00 - 9:00 PM		3:00 - 4:00 PM		
OPEN GYM Ages 6+ \$15 per gymnast	Open Gym is a time for gymnasts to work on whatever they want! Join the fun on Saturdays from 4:30 to 5:30 PM. Cost is \$15 for all participants (ages 6+). Must pre-register under on the portal (BOOKING - OPEN GYM, then select date). Check the website for blackout dates.					
Developmental Teams Tumble & Trampoline Team XCEL Teams ALL TEAM AND CLINIC SCHEDULES WILL BE COORDINATED THROUGH THE OFFICE JO Teams						